

# PRODUCE PLUS



# Market Outlook

NOVEMBER 12, 2020



## LOCALLY GROWN RADISH

Varietal radishes have become popular in an array of preparations and applications such as stir-frying, pickling, adding to a salad, slaw, stew or soup, slow cooking, roasting with other vegetables, or topping avocado toast. We currently stock the following locally grown radish:

**Daikon Radish (20# case, Yeung Farms)**- Grows up to 20" long and 4" in diameter. Daikon has a mildly peppery spice with a crisp and juicy texture.

**Lobok Daikon Radish (40# case, Yeung Farms)**- Ranges from 3-8" in length and 2-4" in diameter, Lobok is shorter and rounder than a regular Daikon. Its flavor is a bit sweeter than a regular Daikon with a mild peppery bite. Lobok is also crisp and juicy.

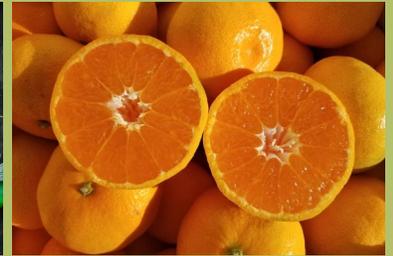
**Purple Daikon Radish (10# case, Riverdog Farm)**- About the same shape and size of Lobok; Purple Daikon has a beautiful inner flesh that is white with stunning starburst splashes of violet matching its purple skin. Its flavor is mildly spicy with a hint of sweetness.

**Watermelon Radish (per pound, Riverdog Farm)**- A colorful, heirloom varietal radish. Watermelon radish acquired its name from its green exterior and deep pink to bright red interior, similar to a watermelon. They can range in size from a golf ball to a softball. Firm and crisp with a peppery taste and subtle sweetness.

**Black Radish (per pound, Riverdog Farm)**- Typically 3-4" in diameter. This winter radish has deep black skin with crisp white flesh. Black radish deliver a spicy bite and can be slightly bitter.

*"Farm to you overnight"*

## TWIN PEAKS ORCHARDS



Founded in 1912, Twin Peaks Orchard is a 5th generation family farm specializing in a variety of stone fruit, citrus, and persimmons. After experiencing a devastating fire in August, Twin Peaks is back to full production. This week we are pleased to introduce Satsuma Mandarins, Meyer Lemons, and Amagaki Persimmons from Twin Peaks Orchards, located in Newcastle.

**Satsuma Mandarins**- A seedless, easy to peel mandarin with rich, tart-sweet flavor. Satsuma Mandarins thrive in the foothills of Placer County; as elevation and the pattern of cool nights contribute to a healthy crop. 25# case or by the pound.

**Meyer Lemons**- A cross between a lemon and a mandarin. The Meyer is somewhat smaller than a regular lemon, rounder in shape, with smooth skin, and a distinct taste as the flesh is much less acidic. This makes Meyer lemons sweeter than other varieties. Available by the 10# case or by the pound.

**Amagaki Persimmons**- Also known as *cinnamon persimmons*, these sweet beauties are golden fleshed with brown flecks. Amagaki persimmons have a *buttery texture and a cinnamon sweetness*. They are more astringent than Fuyus but Twin Peaks has perfected a curing process that removes the astringency. It leaves the Amagaki crisp yet creamy with an unmatched sweet flavor. Amagakis are larger than Fuyus, and have a greater shelf life. They are delicious eaten out of hand, in salads, and can be lightly cooked but not baked. Available in a 10# case only.



# LOCAL FARMS

*Del Rio Botanicals- Limited Availability*  
 Fuyu Persimmons- 20-24ct Case  
 Red Frisee- 2# case  
 Baby Arugula- 4# case \*pre-order\*  
 Braising Mix- 2# case  
 Spring Mix w/ Petals- 2# case  
 Finger Lime- 1/2 pint



*J&J Ramos Farms*  
 Pluots \*Done\*

*Twin Peaks Orchards*  
 Satsuma Mandarins- 25# cs/#  
 Amagaki Persimmons- 10# flat  
 Meyer Lemons- 10# cs/#



*Riverdog Farm*  
 Purple Daikon- 10# case  
 Bloomsdale Spinach- 3# case  
 Tokyo Turnips- 24ct case  
 Scarlet Queen Turnip- 10# case  
 Nantes Carrots- 24 bunch \*Gapping\*  
 Gypsy Peppers- 10# case \*Limited\*  
 Padron Peppers- 5# case \*Limited\*



*Yeung Farms*  
 Heirlooms- 10# case \*Done\*  
 True Vine Ripe Rounds \*Done\*  
 True Vine Ripe Roma \*Done\*  
 Green Tomatoes \*Done\*  
 Delicata Squash- 35# case  
 Red Kurri- 35# case  
 Green Kabocha- 35# case /ea  
 Butternut- 35# case/ea  
 Honeynut- 35# case/ea  
 Spaghetti Squash- 35# case/ea  
 Daikon- 20# case/ea  
 Lobok- 40# case



*Larsen Apple Barn*  
 Arkansas Black- 40# case  
 Fuji- 10# or 40# case  
 Granny Smith- 40# case  
 Red Delicious- 40# case  
 Pink Lady- 40# case

*Wild River Farm*  
 Green Kiwi- 36ct or ea  
 Tropikiwi (gold)- 20# case



## FALL ESSENTIALS

### RICE

Locally grown rice from *Rue & Forsman Ranch* in *Marysville, CA*. We offer the following in 25# bags: Brown (long, medium, and short grain), White (long, medium, and short grain), White Jasmine, White Basmati, and Carnaroli.

### MILLED GRAINS

We stock *locally milled grains* from *Early Bird Farms* in *Nevada City*. The following are available in 10# bags: Alpowa soft white wheat flour, hard red spring wheat flour, Frasinetto wheat flour, blue corn meal, yellow corn polenta, and white corn polenta. We also carry Early Bird's pancake/waffle mix.

### DRIED HEIRLOOM BEANS

*Locally grown*, dried heirloom beans from *Elegant Beans* and our newly partnered purveyor, *Chili Smith*. Each variety is available by the 5# bag: Black Garbanzo, Black Turtle, Black Valentine, Butter, Christmas Lima, Eye of the Goat, Good Mother Stallard, Green Black-eyed, Green Flageolet, Hidatsu Red, Jacob's Cattle, Pebble, Peruano, Snowcap, Sunset Runner, and Tarbais (similar to Runner Cannelini).

### DRIED PASTA

Artisan made pasta from *Eduardo's* in *San Francisco*. They use a blend of semolina and wheat flours, along with local farm eggs. No salt, preservatives, or artificial colors are added. We stock the following in 12/12oz cases: Conchiglie (medium shell), Fusilli, Tri-color Fusilli, Penne, Rigatoni, and Spinach Fettuccine.

### FRESH PASTA

Fresh, handmade pasta from *Paragary's Bakery* in *Sacramento*. Paragary's pasta is *made fresh daily* using *Giusto's* flour and farm fresh eggs. Each variety is available by the pound or the 5# box: Fettuccine, Papparadelle, Tagliolini, and plain pasta sheets.



**Buy Local, Buy Fresh, Buy the Best!**

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