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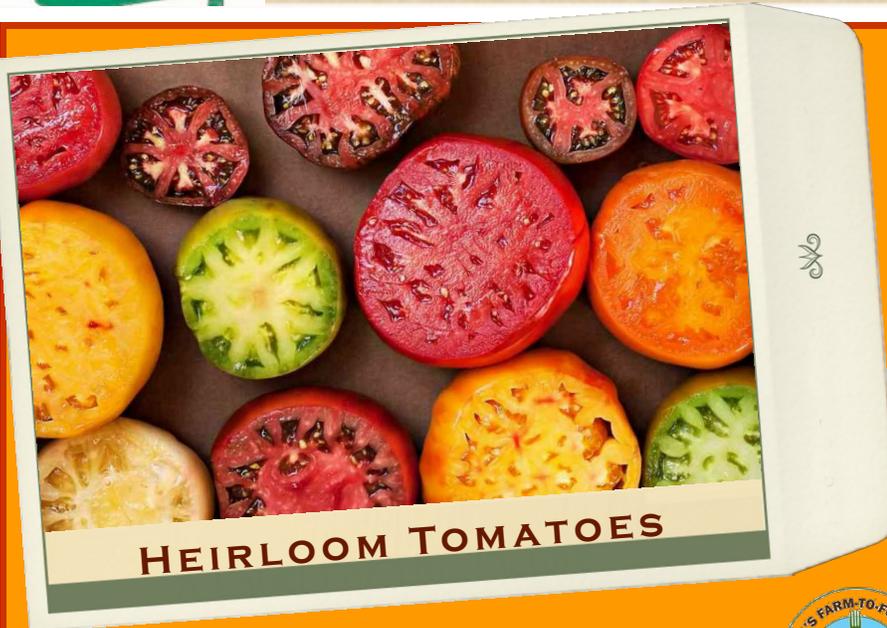
MARKET OUTLOOK

Call Today! 530 581-1525

JUNE 26, 2014

Farmers Market

We would like to invite you to the annual Farmers Market to be held, at Produce Express warehouse at 2630 5th Street, on Wednesday July 16th from 10am -2pm. We hold the event every year to give our restaurant customers an opportunity to meet the local farmers and producers who supply us with their local crops and products. Many Sacramento area chefs will collaborate with our farmers to provide bite size samples using their harvest of local crops. Over 40 farmers/producers and some of Sacramento's most popular chefs have committed to showcase their local products. Each year the event evolves and grows and this year is no exception, we feel that this year's event will attract our highest attendance yet. Please come, meet the farmers, sample delicious treats from local chefs and learn about the benefits of supporting the Farm to Fork movement. The event is open to all restaurant employees and is a great opportunity to educate yourself and your staff about how your food is grown and where it comes from. See you there!



The Sacramento Region's most celebrated Farm-to-Fork crop.



TOMATO FEST



The harvest of the most anticipated local crop of the year-tomatoes-has begun! As we have in the past, we will be sourcing conventional **Heirloom Tomatoes** from Uncle Ray of Yeung Farms and **Organic Toy Box Heirloom Tomatoes and Mixed Medley Cherry Tomatoes** from Del Rio Botanicals. Throughout the season, we will be stocking over two dozen varieties of Heirloom

Tomatoes. Currently, Ray is harvesting Carolina Gold, Black Prince, Cherokee Purple, Green Zebra, Black Zebra, and Gold Roma packed in a single layer 10# case only, and True Vine Ripe Roma and **Shady Lady Tomatoes** (perfect for soups, sauces, sandwiches, and burgers) packed in a double layer 20# case only. Del Rio Botanicals is supplying us with a variety of Certified Organic Heirloom Cherry Tomatoes, commonly referred to as 'mixed medley'. Similar to larger heirloom tomatoes, Del Rio cherry tomatoes vary in size, shape, color and texture. Flavor can range from highly acidic to candy sweet. Those varieties on the acidic side have a more concentrated tomato flavor, while the varieties on the sweet side are just that-sweet. During the course of the season, over two dozen varieties are grown, each with its own particular flavor. Packed twelve clamshells per case, you can expect eight to ten varieties per case, representing the best available at the moment. Del Rio's 'Toy-Box' of Organic Heirloom Tomatoes offers a sampling of different varieties of heirloom tomatoes packed in a single layer 10# case only. Enjoy the harvest.



MARKET MOVERS



Avocado-Market continues upward. Demand is far greater than supply and fruit is extremely difficult to ripen. **Berries**-Strawberry supplies will be very light for the next two weeks. Bloom-drop caused by heat wave earlier this month is to blame. The market is slightly higher. Expect smaller fruit. Raspberry supplies even lighter. The market is in the high 20's. Local Blueberries are done. Traditional/conventional market is slightly less. Blackberries are very limited and the market is slightly higher.

Citrus-The Lemon market is very strong-high 30's on all sizes. Lime market is very reasonable-low 20's. California Valencia Oranges have good flavor, color and juice content. The market is in the high 20's. **Melons**-The cantaloupe market is easing into the low 20's. Quality has been very good. Honeydew market is in the high teens. Black and Yellow Seedless Watermelon are available from Vierra Farms. Mixed Melons available by the case-mid 20's. Some varieties already gapping due to heat wave.



Stonefruit-Frog hollow Apricots and CandyCots are outstanding. Peaches and Plums from Twin Peaks available this week. JJ Ramos Nectarines and White Nectarines continue to improve. Pluots this week are A Dolly variety, which have a greenish yellow skin with golden flesh. Very Sweet. **Specialty**-Del Rio Black Mission Figs are gapping until late July. Conventional figs are available. **Artichokes**



-Boggiato "Globe" Chokes still limited but availability improving slightly. The market is still very strong-mid 40's. **Asparagus**-California-Watsonville/Salinas will finish this week. Mexican market slightly less and sizing options are very limited. **Beans**-Dwelley BlueLakes can't get any fresher. French, Yellow wax, Romano all available by the 10# case or pound. Cranberry (Shelling) Beans available by the 15# case only. **Broccoli**-The market is steady-low 20's. **Corn**-Brentwood Yellow & White will be limited for next two weeks. We will also have Dixon Ridge corn available from Esparto/Dixon. Vierra Farms Bi-Color also available. **Cukes**-Slicing Cuke market is steady. English Cukes remain very strong in the mid 20's. Lemon Cukes starting this week from Castaneda. **Eggplant**-The market is beginning to ease as central growers begin to harvest. **Lettuce**-Iceberg market is very strong-high 20's with no relief expected for 2-3 weeks. Leaf Lettuces will be up slightly in the high teens. Romaine Hearts limited in the mid 20's on all sizes and varieties. **Peppers**-Green Bells are easing into the low 20's. Red high 30's Yellow Bell low 50's markets are very strong. **Squash**-Castaneda Italian and Yellow Squash available-high teens. Beautiful Gold Bar available by the case or pound. Toy Box available as well as all three shades of Rondenice. Del Rio baby (10#) and Teenage (22#) available; mixes are very nice. **Tomatoes**-Central California growers began harvesting last week. Markets are still strong-high 20's on all sizes. True Vine Tomatoes (20#) and Heirlooms (10#) available from Ray Yeung \$32.75 per case.



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LOCAL FARMS

Riverdog Farm

Red Torpedo Onions 10#
Red Beets-12 bunch case or 25# bag
Scarlet Queen Turnip-10#



Del Rio Botanical

Squash Blossoms-35ct
Mixed Baby Squash-10#
Russian Red Kale-2#-**GAPPING**
Arugula Rapini-4#-**GAPPING**
Red Frisee Mustard-2#-**GAPPING**
Arugula-4#-**GAPPING**
Mizuna-4#-**GAPPING**
Spring Mix-2#
Braising Mix-4#
Blenheim Apricots-5#
Figs-12 pints ***GAPPING**



Capay Organic

Nantes Carrots-24 bunch
German Butterball Potatoes-24#
Rainbow Chard-12 count
Collard Greens-12 count
Dino Kale-12 count
Collard Greens-12 count



Dwelley Farms

BlueLake Beans-30# case or pound
Yellow Wax Beans-10# or pound
Romano Beans-10# or pound
French Beans-10# or pound
Cranberry Beans 15# case only
White Corn-48ct case or ear
Yellow Corn-48ct case or ear

Twin Peaks Orchard

White Peaches-20# case or pound
Yellow Peaches-20# case or pound
Robada Apricots-20#case or pound
Plums-20#case or pound

Frog Hollow Farm

Organic Apricots-10# case

JJ Ramos

Nectarines-20# case or pound
White Nectarine-20# case of pound
Pluots-20# case or pound



Buy Local, Buy Fresh, Buy the Best!



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